

Energia Pura Travel Guide

Accommodation will be provided in the gym. Please remember to bring your sleeping bags and mats.

For those who would like to have more comfort we make the following suggestions:

Jugendberge Darmstadt / Youthhostel Darmstadt

The youthhostel is located nearly 1 km from the city center. The building is directly at the Badesees (Bade Lake) and an outdoor pool that are perfect for hot summer. The youthhostel has 2,4,6 person's rooms available. All the rooms have shower and WC. Accommodation including breakfast costs 24,40 Euros a day per person. Price varies depending on the size of the room. When travelling with the group, a group reservation is advisable.

Jugendherberge Darmstadt
Landgraf-Georg-Straße 119
64287 Darmstadt
Telefon +49 61 51 4 52 93
Telefax +49 61 51 42 25 35
darmstadt@djh-hessen.de
<http://www.djh-hessen.de/jh/jugendherberge-darmstadt/>

Hotel Ibis Darmstadt

It is only few minutes away from the main train station. Half of the 84 rooms and the communal spaces are provided with WLAN. Free access to internet can also be found in the lobby. The average price for a double room is about 65 Euros per night. In addition breakfast can be booked for 10 Euros per person.

Hotel Ibis Darmstadt
Kasinostrasse 6
64293 Darmstadt
Tel : +49 6151/39700
Fax : +49 6151/3970123
<http://www.ibishotel.com/de/hotel-3287-ibis-darmstadt/location.shtml>

Etap Hotel Darmstadt

Etap Hotel is directly next to the Ibis Hotel and centrally located. Average price for a double room is about 50,00 Euros a night and breakfast costs 6 Euros per person.

Etap Hotel
Kasinostrasse 4-6
64293 Darmstadt
Tel : +49 6151 397 37
<http://www.etaphotel.com/de/hotel-3526-etap-hotel-etap-hotel-darmstadt/index.shtml>

Bed And Breakfast Darmstadt

Affordable rooms and smaller hotels can be found at the following link:

<http://www.bed-and-breakfast.de/darmstadt/>

bed & breakfast Frankfurt
Hannelore Schneider
Flughafenstraße 74
64546 Mörfelden-Walldorf

Tel.: +49 61 05 97 67 40

Fax: +49 61 05 97 67 46

Travelling...

...by car:

Coming from Frankfurt to Darmstadt take A5 direction Heidelberg. A5 goes directly to Darmstadt.

... by train:

The main train station is ICE station and stop for IC, EC and regional trains. It is possible to reach Darmstadt easily by metro or regional train from Frankfurt, Mainz, Wiesbaden, Heidelberg and Aschaffenburg...

... by plane:

The airport is 25 km away from Darmstadt and can be reached within 20 minutes by car via A5. There is a shuttle bus from airport to the Darmstadt main station. You will find details at the following link:

<http://www.heagmobibus.de/site/airliner.html>

<http://www.airportcity-frankfurt.de>

The trip takes 30 minutes and costs about 10n Euros.

The Hahn Airport is about 120 km away from Darmstadt. There is a shuttle bus from Hahn Airport which goes directly to the Darmstadt main train station. The trip takes about an hour and a half and costs about 13 Euros. Departure times can be found at the link:

http://www.hahn-airport.de/default.aspx?menu=by_bus&cc=de#

<http://www.hahn-airport.de/>

Parking Lots

For all groups that arrive by coach there is a car park at Großsporthalle Buergerpark where the workshops take place.

It is advisable to use public transportation once you are in Darmstadt.

Further Information

Further information and general tips about Darmstadt can be found at www.darmstadt.de
The site is in English and French but unfortunately not yet in Portuguese.